

Home Care

Teeth should be brushed regularly, at least twice daily.

A small brush should be used.

If you cannot get tooth powder or paste, baking soda is good.

Brush your teeth the way they grow.

Clean teeth are necessary to good appearance and MAY help to prevent decay.



Dental Care

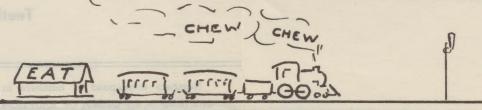
Prevent necessity of big repairs by early and regular visits to your dentist.

There is never a hole in a tooth too small to fill.

Two years of age is not too young to start dental care.

Small defects are cheaper, easier, and less painful to correct.

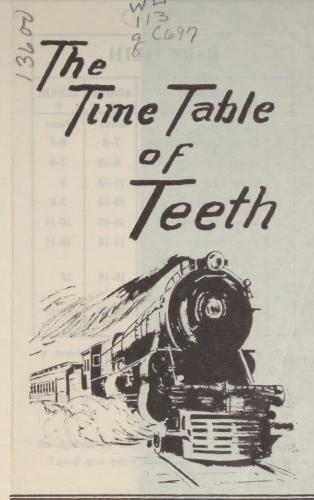
MAKE THE LITTLE HOLE_NO HOLE!



Proper Foods

GOOD NUTRITION IS NECESSARY TO GOOD HEALTH

Watch your daily needs and consult your physician for dietary information relating to your specific problems.



SWIM THE MOTHERS OF NEW HAMPSHIRE

NOT EFFECTIVE AFTER 21 YEARS



BABY TEETH

0.0			800
NO.	тоотн	ARRIVE #	DEPART †
		Months	Years
1	Lower Central Incisor	7–8	6–7
2	Upper Central Incisor	9-10	7–8
3	Upper Lateral Incisor	11-12	8
4	Lower Lateral Incisor	12-13	7–8
5	Upper First Molars	14-15	10–11
6	Lower First Molars	15–16	10-11
7	Upper and Lower Cuspids	18–19	12
8	Upper and Lower Second Molars	26–27	11–12

Time of Arrival and Departure subject to change without notice in each individual.

The above is the usual time, but is subject to influence of general growth.

This gives the expected date of arrival—all of these teeth started before Baby was born.*

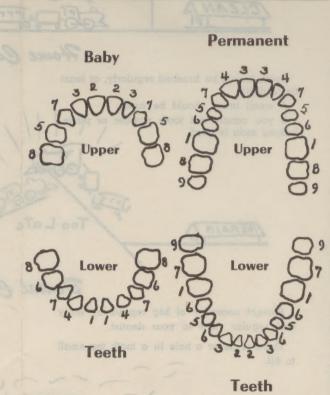
PERMANENT TEETH

3 PELINES			
NO.	тоотн	ARRIVE #	DEPART
		Years	223/45
1	First Permanent Molar	51/2-6	1.*
2	Lower Central Incisor	6–7	AR
3	Upper Central Incisor Lower Lateral Incisor	7–8	SHOULD NOT DEPART
4	Upper Lateral Incisor	8–9	NO
5	First Bicuspids	10-11	OUL
6	Second Bicuspids Lower Cuspids	11–12	TEETH SHO
7	Upper Cuspids Lower Second Molars	12	HESE TE
8	Upper Second Molars	12-13	TH
9	Wisdom Teeth	17–30	

Arrival may be delayed by unforeseen circumstances. If delayed too long — see your dentist.

* See other side for Care of the Teeth.

Map of Area Served



Numbers correspond to numbers in table and indicate the ORDER OF ERUPTION.

STATE DEPARTMENT OF HEALTH

DIVISION OF DENTAL SERVICES

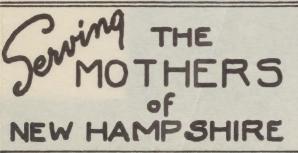
CONCORD

NEW HAMPSHIRE

[‡] No excess baggage—Food on teeth is excess baggage.

[†] Make connections with Permanent Teeth.

18 The Time Table eeth



NOT EFFECTIVE AFTER 21 YEARS



BABY TEETH

NO.	тоотн	ARRIVE #	DEPART †
		Months	Years
1	Lower Central Incisor	7-8	6–7
2	Upper Central Incisor	9-10	7–8
3	Upper Lateral Incisor	11-12	8
4	Lower Lateral Incisor	12-13	78
5	Upper First Molars	14-15	10–11
6	Lower First Molars	15–16	10-11
7	Upper and Lower Cuspids	18–19	12
8	Upper and Lower Second Molars	26–27	11–12

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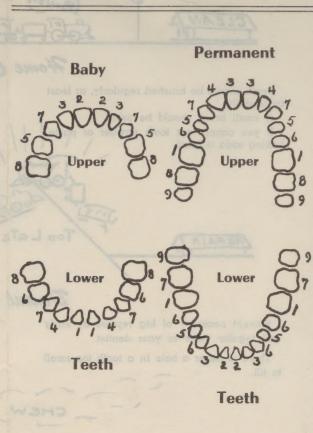
[†] Make connections with Permanent Teeth.

PERMANENT TEETH

NO.	тоотн	ARRIVE #	DEPART
1	First Permanent Molar	Years 5½-6	1
2	Lower Central Incisor	6–7	PART
3	Upper Central Incisor Lower Lateral Incisor	7–8	SHOULD NOT DEPART
4	Upper Lateral Incisor	8-9	Q
5	First Bicuspids	10-11	Inc
6	Second Bicuspids Lower Cuspids	11–12	TEETH SHO
7	Upper Cuspids Lower Second Molars	12	HESE TE
8	Upper Second Molars	12-13	TH
9	Wisdom Teeth	17–30	4

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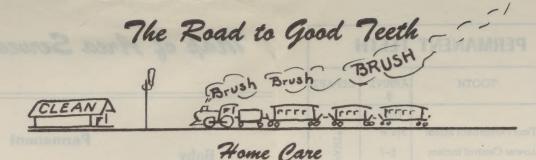
STATE DEPARTMENT OF HEALTH

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Too Late

Dental Care

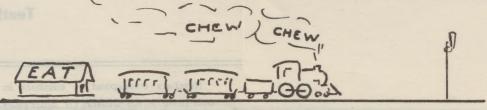
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